

FFS PROVIDER SPECIALTY ADDITION APPLICATION

San Diego County Mental Health Plan & Optum Public Sector Fee For Service (FFS) Medi-Cal Provider Network

Please mail, fax or email (secure) complete application packet to:

Optum Public Sector San Diego Attention: Provider Services P.O. Box 601370 San Diego, CA 92160-1370

Fax: (877) 309-4862

Email: sdu_providerserviceshelp@optum.com

Instructions and Frequently Asked Questions

CHECKLIST FOR FFS SPECIALTY ADDITION APPLICATION

Please print or type your answers to all questions. If further space is needed for you to provide complete answers, please attach additional sheets of paper and indicate on the sheet the applicable question number.

Please use the following checklist to confirm you have included the following information with your application:

Resume/Curriculum Vitae: It is very important that your resume be detailed including descriptions of populations, specialties, and disorders treated, and the theoretical orientation of the work. Include the dates and locations of education and post-graduate training. Dates of employment must include the month and year. All gaps in employment of six (6) months or more require a written explanation.
<u>Medi-Cal Network – Clinician Specialty Requirements (pages 7-10)</u> : Please carefully review the experience requirements before checking an age or treatment specialty.
Clinician Specialty Requirements – Specialty Attestation Form (page 11): Must be signed and dated.
<u>Provider Rights (page 12):</u> Provider understands that as an applicant for credentialing/re-credentialing, you have the right to review information obtained by Optum for the purpose of evaluating your credentialing or recredentialing application. Please print your name on this page.
 Child and Adolescent Needs and Strength Assessment (CANS): Provider must become CANS certified in order to render therapy services to clients ages 0-21. Provider must be recertified every year. Provider may be reimbursed for training, certification, recertification, and reports when the appropriate requirements are met.

^{*}All documents and copies submitted must be clear and legible.

FFS SPECIALTY ADDITION APPLICATION

San Diego County Mental Health Plan for Fee for Service (FFS) Medi-Cal Provider Network

Last Name:		First Name:	MI:				
Email Address:		Phone Number:					
License Type: \square MD \square	DO □ PhD □ PsyD □	LMFT □ LCSW □ LPCC □ PNP	□ PA				
License Number:		DEA Number (if applicable): _					
NPI Number:							
CLINICAL PROFILE							
Cultural Competency:							
practice. Delivering cultura (e.g., racism, immigration populations, 2) differences	Ily competent clinical servi patterns, acculturation) that is between culturally accep	Cultural Competency Criteria below and ices means you have an understanding of at can impact the mental health of cultural btable behaviors and pathological charact day have the ability to adapt your skills to	of: 1) ongoing social realities ally and linguistically diverse acteristics, 3) cultural beliefs				
If you endorse cultural comexperiences consistent wit		eliver services to one of the groups listed ments below:	below, you <u>must also</u> have				
 By adopting systematic practices that align behaviors, attitudes, and policies, I have worked effectively in cross-cultural situations, showcasing cultural competence and diversity. All services provided have been tailored to meet the unique linguistic and cultural needs of our diverse clients. I honor the diversity of cultures, address the complexities within and between them, and ensure our services are accessible and relevant. Have completed formal training, such as a degree emphasis area, specific university courses, multiple workshops, or an internship focusing on culture and human behavior Have significant professional culture-based expertise (e.g., have provided cultural competence training to others and/or published peer-reviewed journal articles, book chapters, or major reports in this area) Have provided clinical treatment or evaluations to more than ten (10) members of the cultural group 							
treatment:	TOTT THE TABLE BEIOW TOTA	which you are competent to evaluate fa	armiy dynamics and provide				
☐ African American	□ Dominican	□ Iraqi	□ Puerto Rican				
☐ Amerasian	□ Ethiopian	□ Japanese	☐ Salvadorian				
□ Arab	□ Filipino	□ Jewish	□ Samoan				
☐ Asian Indian	☐ Guamanian	☐ Korean	□ Somali				
□ Cambodian	□ Haitian	□ Laotian	□ Sudanese				
□ Caucasian	☐ Hawaiian Native	☐ Mexican American/Chicano	□ Vietnamese				
☐ Chinese	☐ Hmong	☐ Native American					
□ Cuban	□ Iranian	☐ Pacific Islander					
☐ Other:	_						

POPULATIONS AND SERVICES

Please check all the Populations and Services in which you have clinical training and experience <u>AND</u> are currently willing to treat in your practice.

*Documentation is required for some specialties as identified on the Clinician Specialty Requirements (pages 7-10)

Populations:	Infants Toddlers 0 - 3	Preschool 3 - 5	Children 6 -12	Adolescents 13 - 17	Transitional Youth 18 - 22	Adults 23 - 59	Older Adults 60+
Developmentally Delayed							
LGBTQIA							
Hearing Impaired							
Physically Disabled							
Veterans							
Visually Impaired							
Services/Modalities:							
Critical Incident Stress Debriefing							
ECT (MD Only, including consult)							
*Spravato (MD Only)							
*TMS (MD Only)							
Family Therapy							
Group Therapy							
Home Visits							
Individual Therapy (Non-prescriber)							
Inpatient Treatment							
Medication Evaluation & Management							
*Neuropsychological Testing (MD/PhD/PsyD Only)							
Outpatient Treatment							
Psychological Testing (PhD/PsyD Only)							

AREAS OF CLINICAL EXPERTISE:

Check areas of expertise in which you have clinical training and experience <u>AND</u> are currently willing to treat in your practice. You may be requested to submit documentation to demonstrate expertise in these areas.

Areas of Clinical Expertise I:	Infants Toddlers 0 - 3	Preschool 3 - 5	Children 6 -12	Adolescents 13 - 17	Transitional Youth 18 - 22	Adults 23 - 59	Older Adults 60+
Anxiety Disorders							
Attention Deficit/Hyperactivity Disorder							
Bipolar and Related Disorders							
Dissociative Disorders							
Feeding and Eating Disorders							
Factitious Disorders							
Gender-Affirming Care							
Gender Dysphoria Disorders							
Disruptive, Impulse- Control and Conduct Disorders							
Depressive Disorders							
Paraphilic Disorders							
Personality Disorders							
Autism Spectrum Disorder							
Trauma and Stress - Related Disorders							
Schizophrenia and Other Psychotic Disorders							
Somatic Symptom and Related Disorders							

Check areas below in which you have clinical training and experience <u>AND</u> are currently willing to treat in your practice. You may be requested to submit documentation to demonstrate expertise in these areas.

*Documentation is required for some specialties as identified on the Clinician Specialty Requirements (page 7-10)

Areas of Clinical Expertise II:	Infants Toddlers 0 - 3	Preschool 3 - 5	Children 6 -12	Adolescents 13 - 17	Transitional Youth 18 - 22	Adults 23 - 59	Older Adults 60+
ACA/Co- Dependency							
Adoption Pre/Post Issues							
Anger Management							
*Domestic Violence Offender							
*Domestic Violence Victim							
Co-Occurring Disorders (MH/DD)							
Co-Occurring Disorders (MH/Medical)							
Co-Occurring Disorders (MH/SUD)							
Family or Relationship Issues							
Co-Parenting							
Grief/Loss							
HIV/AIDS							
Physical Abuse Offender							
Physical Abuse Non-Protecting Parent							
Political Refugee							
Sexual Abuse Victims							
*Sexual Abuse Non- Protecting Parent							
*Sexual Abuse Offender							
Survivors of Torture							
Trauma							

Important note: Signature on the Optum Public Sector Specialty Attestation on page #11 is required of all applicants

PHYSICIAN SPECIALTY REQUIREMENTS

Child/Adolescent

Completion of an ACGME approved Child and Adolescent Fellowship OR recognized certification in Adolescent
Psychiatry (This specialty includes Infants, Preschool, Children and Adolescents (twelve (12) years old and
younger)

Geriatrics

Completion of an ACGME approved Geriatric Fellowship OR recognized certification in Geriatric Psychiatry

Neuropsychological Testing

- Recognized certification in Neurology through the American Board of Psychiatry and Neurology OR
- Accreditation in Behavioral Neurology and Neuropsychiatry through the American Neuropsychiatric Association

AND all the following criteria:

- State medical licensure does not include provisions that prohibit neuropsychological testing service;
- Evidence of professional training and expertise in the specific tests and/or assessment measures for which authorization is requested;
- Physician and supervised psychometrician adhere to the prevailing national professional and ethical standards regarding test administration, scoring, and interpretation.

Prescribers of Psychotropic Medication for Children and Youth in Out of Home Placement

Authorized Prescribers of Psychotropic Medication: Because of the complex medical and psychiatric needs of children in out of home placements (which include foster, kinship, NREFM care; group homes; and the juvenile justice systems), it is recommended that psychotropic medications for children be prescribed by board certified or board eligible specialists in one of the following areas of expertise:

- Psychiatry (specialization in child and adolescent psychiatry recommended)
- Neuro-developmental pediatrics
- Developmental-Behavioral pediatrics
- Pediatric neurology
- Pediatrics or family practice with specialized training in children who are at high risk or who had in utero exposure to illicit drugs or alcohol

PSYCHOLOGISTS, NURSES, & MASTER'S LEVEL CLINICIANS SPECIALTY REQUIREMENTS

Infants/Toddlers: 0 - 3 Years

 Completion of an APA approved or other accepted training/certification program in Child Psychology or Infant Mental Health

AND one (1) or more of the following:

- Fifteen (15) hours of CEU in topics relevant to Infant and Early Childhood Mental Health in the last thirty-six (36) month period
- Documented certification in treatment of infants 0-3 years
- Evidence of work experience with infants 0-3 years at an agency that provides treatment to this age group

PSYCHOLOGISTS, NURSES, & MASTER'S LEVEL CLINICIANS SPECIALTY REQUIREMENTS - Continued

Preschool: 3 - 5 Years

Completion of an APA approved or other accepted training program in Child Psychology

AND one (1) or more of the following:

- Fifteen (15) hours of CEU in topics relevant to Child Development in the last thirty-six (36) month period
- Evidence of practice experience in treating preschool aged children

Children: 6 - 12 Years

Completion of an APA approved or other accepted training program in Child Psychology

AND one (1) or more of the following:

- Fifteen (15) hours of CEU in topics relevant to Child Development in the last thirty-six (36) month period
- Evidence of practice experience in treating children

Adolescents: 13 - 17 Years

Completion of an APA approved or other accepted training program in Adolescent Psychology

AND one (1) or more of the following:

- Fifteen (15) hours of CEU in topics relevant to Child Development in the last thirty-six (36) month period
- Evidence of practice experience in treating adolescents

Older Adults: 60+ Years

Completion of an APA approved or other accepted training program in Geriatric Psychology

AND one (1) or more of the following:

- Fifteen (15) hours of CEU in topics relevant to Older Adults in the last thirty-six (36) month period
- Evidence of practice experience in treating older adult

Neuropsychological Testing (Psychologists Only)

 Member of the American Board of Clinical Neuropsychology OR the American Board of Professional Neuropsychology

OR

- Completion of courses in Neuropsychology including: Neuroanatomy, Neuropsychological testing, Neuropathology, or Neuropharmacology
- Completion of an internship, fellowship, or practicum in Neuropsychological Assessment at an accredited institution

AND

Two (2) years of supervised professional experience in Neuropsychological Assessment

Domestic Violence Treatment - Victim

• Documented completion of an approved (40) hour training program in Domestic Violence that fulfills California State's requirement for domestic violence victim counselors

AND both of the following:

- Fifteen (15) hours CEU in Domestic Violence Victim training in the last thirty-six (36) month months
- Evidence of recent practice experience in Domestic Violence Victim treatment

Domestic Violence Treatment - Offender

- Documented completion of the forty (40) hour basic domestic violence training from a Facilitator Training Committee (FTC) approved provider
- Evidence of recent practice experience in Domestic Violence Batterers treatment

PSYCHOLOGISTS, NURSES, & MASTER'S LEVEL CLINICIANS SPECIALTY REQUIREMENTS - Continued Sexual Offender and Sexual Abuse Non-Protecting Parent Treatment

• Must be approved by CA State Sex Offender Management Board (CASOMB) https://www.casomb.org and continue to meet CASOMB requirements.

Psychiatric Nurse Practitioners Requesting Prescriptive Authority Must:

- Possess a currently valid license as a Registered Nurse in California
- Be authorized for prescriptive authority in California
- Meet California specific mandates regarding DEA and/or Furnishing license and physician supervision
- Attest that you meet California's collaborative or supervisory agreement requirements
- Specifically request prescriptive privileges on the Optum Public Sector application below

Psychiatric Physician Assistants Requesting Prescriptive Authority Must:

- Possess a currently valid license as a Registered Nurse in California
- Be authorized for prescriptive authority in California
- Meet California specific mandates regarding DEA and physician supervision
- Attest that you meet California's collaborative or supervisory agreement requirements
- Specifically request prescriptive privileges on the Optum Public Sector application below

Optum Public Sector San Diego Specialty Attestation

You must sign this document even if you are not requesting any of these specialty designations in your provider record. Additional training, experience, requirements, and/or outside agency approval is required for the following populations, professional certifications, and specialties. Please review the Clinician Specialty Requirements on pages 7-10.

If you are not requesting a specialty designation, please check the "No Specialties" box at the bottom of the list to indicate you have read this form and acknowledge that you have not requested these specialties.

I have reviewed the Optum Specialty Requirements criteria that a Clinician must meet to be considered a specialist in the following treatment areas. After reviewing the criteria, I hereby attest that by placing a check next to a specialty or specialties, I meet Optum's requirements for that treatment area.

Physician Specialties	Non-Physician Specialties				
☐ Child /Adolescent (Please specify all the ages that you treat)	☐ Child /Adolescent (Please specify all the ages that you treat)				
☐ Infant Mental Health (0 – 3)	☐ Infant Mental Health (0 – 3)				
☐ Preschool (3 - 5)	☐ Preschool (3 - 5)				
☐ Children (6 – 12)	☐ Children (6 – 12)				
☐ Adolescents (13 - 17)	☐ Adolescents (13 - 17)				
☐ Children and youth in out of home placements ☐ Geriatrics (60+)	☐ DBT (Submit copy of certification. Certification attests the ability to provide individual/group services.)				
☐ Neuropsychological Testing	 □ Domestic Violence Offender – (Submit proof of 40 hr. DV Training from a Facilitator Training {FTC} approved provider.) □ Domestic Violence Victim – (Submit proof of 40 hr. CA approved DV Training) 				
□ Spravato Treatment (Proof of certification required)□ Transcranial Magnetic Stimulation (TMS)					
	☐ Neuropsychological Testing – Psychologist Only				
	□ Psychiatric Nurses – Prescriptive Privileges (Submit ANCC certificate, Prescriptive Authority, DEA Certificate and/or Controlled Substance certificate, based on CA State requirements.				
	☐ Sexual Offender AND Sexual Abuse Non-Protecting Parent (Must be approved by CA State Sex Offender Management Board (CASOMB) https://www.casomb.org and continue to meet CASOMB requirements.)				
	☐ Spravato Treatment (Proof of certification required)				
	☐ Transcranial Magnetic Stimulation (TMS) - Psychiatric Nurse Practitioners and Physician Assistants Only				
□ No Specialties (Must be checked if none	of the above specialties are being designated)				

Optum Public Sector San Diego Specialty Attestation

I understand that Optum may require documentation to verify that I meet the criteria outlined under Specialty Requirements pertaining to the specialty or specialties I have designated above. I will cooperate with an Optum documentation audit, if requested, to verify that I meet the required criteria.

I hereby attest that all of the information above is true and accurate to the best of my knowledge. I understand that any information provided pursuant to this attestation that is subsequently found to be untrue and/or incorrect could result in my termination from the Optum network.

Please note that standard credentialing criteria must be met before specialty designation can be considered.

All clinicians must sign this form whether specialties are applicable or not. Failure to sign this form may cause a delay in the processing of your initial credentialing file.

Printed Name of Applica	ant:
Signature of Applicant:	(Electronic Signatures and Signature Stamps are not accepted)
Date:	

PROVIDER RIGHTS

I. RIGHT TO REVIEW

As an applicant for credentialing/re-credentialing, you have the right to review information obtained by Optum for the purpose of evaluating your credentialing or re-credentialing application. This includes non-privileged information obtained from any outside source (e.g., Malpractice insurance carriers, state licensing boards, National Practitioner Data Bank) but does not extend to review of information, references, or recommendations protected by law from disclosure. You may request to review such information at any time by sending a written request via email at sdu_providerserviceshelp@optum.com to the Provider Services (PS) Manager. The PS Manager, or designee, will notify you within 72 hours of the date and time when such information will be available at the OPTUM Credentialing Department located in San Diego, California.

II. RIGHT, UPON REQUEST, TO BE INFORMED OF STATUS OF CREDENTIALING/RECREDENTIALING APPLICATION

You have the right to be informed, upon request, of the status of your credentialing and/or re-credentialing application. You may request such information by sending a written request via email to the Credentialing Manager at the above cited email address. You will be notified in writing and within no more than ten (10) working days of receiving your fax or letter, by return fax or letter, of the current status of your application with respect to outstanding information required to complete the application process.

III. NOTIFICATION OF DESCREPENCY

Practitioners will be notified when information obtained by primary sources varies substantially from information provided on the practitioner's application. Examples of information at substantial variance include reports of a practitioner's malpractice claims history, actions taken against a practitioner's license/certification, suspension or termination of hospital privileges or board certification expiration when one or more of these examples have not been reported by the practitioner on his/her application. Sources will not be revealed if information obtained is not intended for verification of credentialing elements or is protected from disclosure by law.

CORRECTION OF ERRONEOUS INFORMATION

If a practitioner believes that erroneous information has been supplied to OPTUM by primary sources, the practitioner may correct such information by submitting written notification to the Credentialing Manager. Practitioners must submit a written notice along with a detailed explanation to the Manager of Credentialing at sdu_providerserviceshelp@optum.com Notification to OPTUM must occur within 48 hours of OPTUM notification to the practitioner of a discrepancy as provided in Section II or within 24 hours of a practitioner's review of his/her credential file as provided in Section I.

Upon receipt of notification from the practitioner, OPTUM will re-verify the primary source information in dispute. If the primary source information has changed, correction will be made immediately to the practitioner's credential file. If, upon re-review, primary source information remains inconsistent with practitioner's notification, Credentialing Manager will so notify the practitioner via fax or letter. The practitioner may then provide proof of correction by the primary source body to OPTUM Director of Medical Services via fax or letter at the email address above within ten (10) working days. The Credentialing Manager will re-verify primary source information if such documentation is provided. If, after ten (10) working days, primary source information remains in dispute, the practitioner will be subject to Adverse Action, up to administrative denial/termination.

Printed Name of Applicant:	 	
Date:		